

**LOST STAR OF MYTH AND TIME
BY WALTER CRUTTENDEN**

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BY **BOB BELINOFF**

I had just finished my summer reading, *The Da Vinci Code*, the scientific treatise in drag written with no exceptional eloquence by Dan Brown when I decided to get serious. I turned to Walter Cruttenden's *Lost Star of Myth and Time*. Little did I know that I was in for a *Raiders of the Lost Ark* ride with more science than *The Da Vinci Code* had in its library of factual companion books and more fun than the Harrison Ford roller coaster of a movie.

While most books about consciousness are inner journeys, this is one that takes us out of ourselves into the farthest reaches of space in search of subtle energy and higher frequencies, and answers to questions many of us in our sixty-hour workweek haven't the time to ponder. The implication here is that it is not just up to us to raise our energy level and our consciousness – the universe actively participates with us, boosting our efforts during particular phases, over vast sweeps of time.

Cruttenden uses science, expert testimony, archeology, common sense and his own sleuthing to make his case, and the case is this: Our sun is part of a binary system, gravitationally linked to another star, together our sun and our solar system travel in a 24,000 year elliptical orbit through bands of electromagnetic energy that affect our consciousness, creating dark and light ages.

The cycle, one suspects, is really a spiral and we are getting finer and finer energies, as we move along our infinite track to pure conscious-

ness. Different cultures move at different rates, but all of us one would hope, as in our distant past, are on the rise.

This ending of the Age of Pisces and opening to Aquarius is our spring time, part of a cyclical concept embodied in the lore of many different cultures, and represented by the rock solid evidence of their monuments, markings and even myths. Their folklore, the author tells us, were records that lent themselves to the oral traditions and more like our scientific journals than the cave-side fantasies for which they are often mistaken.

Many of these cultures were clearly attuned to the stars and as talented with subtle energy as our last centuries' cabinet makers were with poplar and pine. There is nothing co-incidental about the arrangement of the pyramids at Giza or over 140 other ancient observatory sites scattered around Western Europe or astronomically aligned tombs, temples, and hedges. These structures were, compelling evidence suggests, created to align with specific stars and capture energy from the cosmos and

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in some cases leave a message for future generations about our potential and our place.

One of the shafts of the great pyramid at Giza is in perfect alignment now with a very important star to the Egyptians, Sirius. Why Crutenden asks “since the forty or fifty centuries since this magnificent monument was built, would the Egyptian decide to position their pyramid to point at their Isis in our lifetime?”

The effect of all this is to kick us out of our 74.6 year self absorbed life style and into a 24,000 year cycle that is connected above and below to the heartbeat of heaven and earth. The book also raises compelling questions about the way we view history, the evolution of civilizations and even the news of the day.

It has always been assumed that civilization advanced in a kind of monkey to man linear fashion: the more primitive the culture, the less they knew and we are now at the height of civilization. Anyone watching the evening news, would of course begin to suspect this theory, so Crutenden’s alternative story becomes one of hope.

The author is visible between the lines as a student, questioner, and comforter on this journey of unconventional wisdom. Much of his theory pivots around a carefully considered reassessment of the precession of the equinox, and here’s where things get a bit complex. The “Precession” is the slow backward movement of the equinox (the first day of spring or fall when day and night are of equal length) against


the background of the constellations of the zodiac. This astronomical motion obsessed the ancients and still confounds many astrophysicists, but explaining this motion is key to understanding the theory of a binary star and our solar systems’ travels through a 24,000 year cycle.

Crutenden deals with this complex matter in a chapter he warns us will be a bear (and I did indeed feel a little learning disabled reading it), but alas it ends and breaks us out into the beautiful open plains of: golden tipped pyramids, sacred Babylonian ruins, mysteriously built astronomical observatories, refined platinum from Peruvian ruins, a sinking continent of Atlantis, Tesla’s concept of wireless

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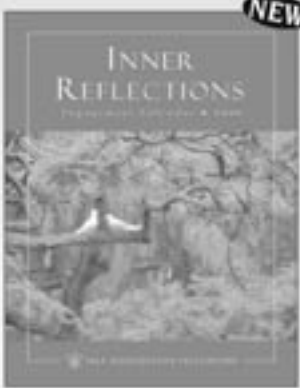
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power, the Temples of Angkor Wat, the Mayan Calendar (which mysteriously ends in the year 2012), ley lines and networks of ancient Druid - built cosmic energy reception towers arranged across the Irish countryside in near perfect alignment with key stars of the Northern skies.

All of this is the evidence of ancient culture's knowledge of refined and subtle energies developed during a previous golden age and one to which we may be now returning.

Cruttenden says he was influenced in his writing by the book "The Holy Science" written in 1894 by Swami Sri Yukteswar, teacher of Paramahansa Yogananda. Yukteswar, he explains, was encouraged to write his book to appeal to pragmatic left-brained western sci-

tists, who it then appeared, were ready to listen. Perhaps today, though books like *Lost Star* and others in this emerging field, the listening will begin.


In page after page Cruttenden builds a case out of a conundrum changing our historical timeline into a cycle in synch every so often with cosmic frequencies of the highest order. It is in synch as well with a quickening many of us feel as we experience one worst case scenario after another all the while surfing the web, scrolling I Pods and stock piling canned goods for our next earth shaking event.

But perhaps more than anything, this is a book about time. To begin to look at life in 24,000 year chunks changes our perspective. Politics, hurricanes and even wars pale before a

universe of pulsating energy and vast oceans of time. It gives one pause and makes one wonder: how might we best use the left side of our brain – and what do we do with our brief blink of time here on earth?

Perhaps we simply get as close as we can to unraveling the mystery, and write books like this if we can.

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